

# Homeland Crisis Institute Accreditation and Education

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## Final Examination Nursing Home Ministry

The following questions are multiple choice, matching, or true/false. More than one answer to any given question may have merit. Choose the **most correct** answer.

1. Nearly \_\_\_\_\_ of older adults are sheltered in residential facilities that provide a wide range of care.
    - a. five percent
    - b. ten percent
    - c. six percent
    - d. twelve percent
  
  2. All of us have our own \_\_\_\_\_ through which we observe, interpret and give meaning to things.
    - a. view
    - b. position
    - c. outlook
    - d. lens
  
  3. The #1 reason for nursing home residents not getting visitors is \_\_\_\_\_.
    - a. familial guilt
    - b. lack of interest for the elderly
    - c. inability to communicate
    - d. dementia
  
  4. An illness or injury for which there is no reasonable expectation of recovery is a \_\_\_\_\_.
    - a. severe illness
    - b. serious illness
    - c. terminal illness
    - d. critical illness
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5. There is no right or wrong answer on how to evangelize. The key to discovering what to do in any given situation is \_\_\_\_\_.
- a. asking the person
  - b. the rules of doctrine
  - c. your conscience
  - d. the Holy Spirit
6. \_\_\_\_\_ implies a deep commitment evidenced in a practical demonstration of God's love.
- a. Ministry
  - b. Visitation
  - c. Recreation
  - d. Chaplaincy
7. We must explore ways of dealing with death and dying so that we can serve both the caregiver and the dying person practically and spiritually.
- a. True
  - b. False
8. If you have a proper sense of self, then you will not suffer from either pride or \_\_\_\_\_.
- a. smugness
  - b. sin
  - c. false humility
  - d. self-importance
9. According to the Bible, one of the "chrisms of longevity" is \_\_\_\_\_.
- a. insight
  - b. intelligence
  - c. wisdom
  - d. good works
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10. \_\_\_\_\_ is the single greatest preventable cause of illness and premature death in the U.S.
- a. Alcohol abuse
  - b. Tobacco
  - c. Abuse of prescription medication
  - d. Abandonment
11. Children often \_\_\_\_\_ when someone or something dies.
- a. act out
  - b. withdraw
  - c. cry
  - d. blame themselves
12. \_\_\_\_\_ is one of the last functions to be lost during the dying process.
- a. Speech
  - b. Hearing
  - c. Vision
  - d. Mental function
13. People aged 65 and older are \_\_\_\_\_ as likely to die in a home fire as the general population.
- a. four times
  - b. half
  - c. twice
  - d. three times
14. \_\_\_\_\_ is the collection of feelings and behaviors associated with the loss of a person.
- a. Depression
  - b. Grief
  - c. Bereavement
  - d. Mourning

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15. In the Bible, the aged are perceived as resourceful people with valuable gifts to share for the good of everyone.
- a. True
  - b. False
16. God bestowed many of His greatest responsibilities upon the elderly.
- a. True
  - b. False
17. Old age is synonymous with dependence on others or a diminished quality of life.
- a. True
  - b. False
18. \_\_\_\_\_ is defined as a state of sadness or loneliness.
- a. Apathy
  - b. Depression
  - c. Grief
  - d. Bereavement
19. Children between the ages of 5 and 7 years do not see death in relation to themselves.
- a. True
  - b. False
20. Because of our stereotypes about senior citizens, many medical people fail to ask seniors about \_\_\_\_\_.
- a. physical abuse
  - b. possible suicide
  - c. sexual issues
  - d. possible substance abuse
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21. Elders are \_\_\_\_\_ as likely as younger persons to be victimized in or near their homes.
- a. three times
  - b. twice
  - c. six times
  - d. not
22. The chaplain must be willing to participate in the process of dying.
- a. True
  - b. False
23. Of the various problems that commonly afflict older people today, the one that most injures the dignity of the person is \_\_\_\_\_.
- a. neglect
  - b. marginalization
  - c. abandonment
  - d. trivialization
24. HIV symptoms are similar to symptoms that can accompany old age.
- a. True
  - b. False
25. Recent studies have led to the definition of \_\_\_\_\_ United Nations Principles for Older Persons.
- a. sixteen
  - b. eighteen
  - c. thirteen
  - d. ten
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26. \_\_\_\_\_ is where nurses are assigned to particular patients and have the ability to develop relationships with them.
- a. One-on-one care
  - b. Relational care
  - c. Resident oriented care
  - d. Resident assignment
27. The Medical Facilities Survey and Construction Act, which allowed for the development of public institutions for the neediest older adults, took place in \_\_\_\_\_.
- a. 1954
  - b. 1955
  - c. 1956
  - d. 1957
28. When you show your love to the elderly, \_\_\_\_\_ and make sure that your motives are sincere.
- a. be committed
  - b. pray
  - c. meditate
  - d. be honest
29. Almost \_\_\_\_\_ of the institutionalized elderly never have anyone visit them, including their own family members, pastor, or fellow parishioners.
- a. 50%
  - b. 60%
  - c. 70%
  - d. 80%
30. In the beginning of the \_\_\_\_\_, women's groups began to establish special homes for elderly persons.
- a. eighteenth century
  - b. nineteenth century
  - c. seventeenth century
  - d. twentieth century
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### Questions 31 – 54

**Directions:** On the line next to each statement in Column A, place the letter of the correct answer found in Column B. Answers in Column B may be used once, more than once, or not at all.

	<b>Column A</b>		<b>Column B</b>
31. _____	A term used to refer to care facilities.	A	CHARACTERISTICS OF OLD AGE
		B	Convalescent home
32. _____	God has promised His abiding presence	C	Nursing Home
33. _____	Implement the ministry.	D	Disinterestedness
34. _____	Evaluate every six months.	E	Dementia
35. _____	Wise counsel to the younger is a duty of the aged.	F	Visitation
		G	Rehabilitation Center
36. _____	Recruit a chaplain and volunteers for the programs selected.	H	OLD AGE IS A BLESSING FROM GOD
37. _____	The age of simplicity and contemplation	I	Resident assignment
38. _____	The heart of every nursing care ministry.	J	Step 2 – Implementing a nursing home ministry.
39. _____	The aged have continuing moral responsibilities.	K	Step 5 – Implementing a nursing home ministry
40. _____	Follow up the meeting with a letter outlining what was agreed upon.	L	Step 3 – Implementing a nursing home ministry
41. _____	A general term used to describe a cluster of cognitive changes, most often in older adults. It refers to the deterioration of cognitive functions such as memory, speech and thought processes, and may be accompanied by changes in personality and behavior.	M	Step 4 – Implementing a nursing home ministry
		N	Step 1 – Implementing a nursing home ministry
		O	Intermediate Care Facility
42. _____	Determine what needs are not	P	Step 8 – Implementing a nursing

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- |           |  |   |   |
|-----------|--|---|---|
|           | presently being met.   |   | home ministry                                 |
| 43. _____ | Wisdom is an attribute of the aged who depend upon God.  | Q | Step 6 – Implementing a nursing home ministry |
| 44. _____ | Old age may be one reward of those who honor their parents.  | R | RESOURCES FOR THE AGED                        |
| 45. _____ | Giving something, or giving ourselves, without any thought of a return.                                      | S | Step 7 – Implementing a nursing home ministry |
| 46. _____ | Set a starting time / date for the ministry to kick off.   | T | Third stage                                   |
| 47. _____ | God gives deliverance from the fear of death   | U | Second stage                                  |
| 48. _____ | Residents can usually get out of bed, with or without assistance, and require intermittent care.             |   |   |
| 49. _____ | A long-term nursing facility which provides care 24/7 with assistance of professional nurses and physicians. |   |   |
| 50. _____ | Plan with the administrator the programs which a chaplain could implement.                                   |   |   |
| 51. _____ | A short-term care for patients involved in accidents or illnesses.   |   |   |
| 52. _____ | Schedule a meeting with the administrator of the nursing home.   |   |   |
| 53. _____ | Refers to the extent to which residents are allocated to the same nurse.                                     |   |   |
| 54. _____ | Old age may be the fruition of a moral life and an indication of God's favor.                                |   |   |



55. In the movement to establish the \_\_\_\_\_, concerns about the almshouse's central function in providing long-term care played an essential role.
- a. Medicare program
  - b. Social Security program
  - c. New Deal
  - d. Safety of the elderly
56. In the Bible, old age is considered the positive and good fulfillment of a life devoted to \_\_\_\_\_.
- a. the service of others
  - b. prayer
  - c. the Church
  - d. God
57. Nursing homes and care facilities represent the fundamental link in the continuum of long-term or short term care.
- a. True
  - b. False
58. Older people represent the hysterical memory of the younger generations.
- a. True
  - b. False
59. There are two very important aspects of communication in dealing with the dying person. These are \_\_\_\_\_ and \_\_\_\_\_.
- a. speaking softly / hearing
  - b. persistence / respect
  - c. listening / touch
  - d. patience / contact

60. Which of the following is NOT one of the stages of death?
- a. denial
  - b. bargaining
  - c. acceptance
  - d. rejection
61. Much as their founders had hoped, the old-age home operated to differentiate the "worthy" old of a particular religion or ethnic group from the most needy and desperate of the aged population.
- a. True
  - b. False
62. The \_\_\_\_\_ system can cause difficulties for the nurse or care-giver should one of the residents pass away or move to a different facility.
- a. Resident coordination
  - b. Resident assignment
  - c. Resident assistance
  - d. Resident management
63. The International Year of Older Persons, recognized by the United Nations, occurred in \_\_\_\_\_.
- a. 1999
  - b. 1998
  - c. 1989
  - d. 1988
64. The ecclesial community has the responsibility to purify fatalism by helping to develop the religious faith of older people and by restoring a horizon of hope to it.
- a. True
  - b. False

65. Failure to fulfill a caretaking obligation is the definition of \_\_\_\_\_.  
a. indifference  
b. neglect  
c. abandonment  
d. abuse
66. Studies indicate that \_\_\_\_\_ percent of the elderly are abused by their relatives.  
a. 13  
b. 15  
c. 10  
d. 20
67. Phenomenologically, death is \_\_\_\_\_.  
a. a spiritual separation from God  
b. the permanent end of anything  
c. the opposite of life  
d. nonbeing
68. It usually takes one to two years to recover from a major bereavement.  
a. True  
b. False
69. Inadequate knowledge or infirmity of caretaker, resulting in failure to provide care is \_\_\_\_\_.  
a. passive neglect  
b. abandonment  
c. active neglect  
d. physical abuse
70. The psychological process of aging brings a decreasing ability to heal after injury both physically and mentally.  
a. True  
b. False

71. There are approximately 1.6 million people in nursing home care facilities in the country today.
- a. True
  - b. False
72. Two very powerful psychological forces that influence living and dying are hope and faith.
- a. True
  - b. False
73. Before the eighteenth century, elderly individuals who needed shelter because of incapacity, impoverishment, or family isolation often ended their days in an almshouse.
- a. True
  - b. False
74. "Non-accidental physical force that results in injury" is the definition of \_\_\_\_\_.
- a. assault
  - b. emotional abuse
  - c. mental abuse
  - d. physical abuse
75. "Willful failure to provide care" is the definition of \_\_\_\_\_.
- a. passive neglect
  - b. abandonment
  - c. active neglect
  - d. physical abuse
76. Residents are required to have a higher level of functionality in a / an \_\_\_\_\_.
- a. Half-way house
  - b. Assisted living facility
  - c. Intermediate care facility
  - d. Convalescent home

77. \_\_\_\_\_ persists for those with cognitive loss.
- a. Recollection
  - b. Visual perception
  - c. Psychological distress
  - d. Emotional memory
78. The lack of human relations is the most painful dimension of marginalization.
- a. True
  - b. False
79. Chaplains should not spend time with residents who do not wish to embrace their doctrine.
- a. True
  - b. False
80. A \_\_\_\_\_ states that the person does not want life prolonged by extraordinary means if there is no reasonable expectation of recovery.
- a. DNR
  - b. living will
  - c. medical power of attorney
  - d. health care proxy
81. When praying with elderly people keep your prayers short.
- a. True
  - b. False
82. Helping a person who has difficulty finding the right word to say in conversation by gently guessing and picking up on clues is called \_\_\_\_\_.
- a. word mending
  - b. repair
  - c. indirect repair
  - d. restoration

83. It is important not to pray with someone before \_\_\_\_\_ has taken place.

- a. adequate ministry
- b. adequate contact
- c. adequate introduction
- d. adequate communication

84. For those with cognitive loss feelings are often stronger, more expressive and direct.

- a. True
- b. False

85. Elderly victims are three times as likely to suffer serious physical injury and to require hospitalization as any other age group.

- a. True
- b. False

86. One must be careful not to use \_\_\_\_\_ to end conversation.

- a. scripture
- b. contact
- c. prayer
- d. touch

87. Elderly victims of crime often worry that family members and law enforcement personnel will think they are\_\_\_\_\_.

- a. desperate
- b. bad witnesses
- c. incompetent
- d. hopeless

88. \_\_\_\_\_ is usually experienced by someone who is observing a loved one die slowly.

- a. Anger
- b. Resentment
- c. Guilt
- d. Anticipatory grief

89. A loss of mental sharpness is just a normal sign of old age.

- a. True
- b. False

90. The most frequent form of elder abuse reported to adult protective service agencies includes\_\_\_\_\_.

- a. assault
- b. neglect
- c. starvation
- d. emotional abuse

91. To be a guardian, one must accept a \_\_\_\_\_relationship of responsibility for another.

- a. challenging
- b. stable
- c. permanent
- d. complex

92. An individual responsible for making decisions regarding the financial situation of another to further that person's well-being is \_\_\_\_\_.

- a. a legal custodian
- b. a primary caregiver
- c. a guardian of the estate
- d. a guardian of the person

93. Signs of a person trying to solve a problem (or making sense of an experience) with insufficient information are often termed \_\_\_\_\_by health care professionals.

- a. arrested development
- b. challenging behaviors
- c. dementia
- d. demanding

94. When beginning a ministry, after focusing on the factors and making a decision on the approach, you should \_\_\_\_\_.
- a. recruit volunteers
  - b. have a committee meeting
  - c. draw up a workable plan
  - d. advertise
95. Physical complaints, such as arthritis pain or headaches that have gotten worse, are often the predominant symptom of \_\_\_\_\_ in the elderly.
- a. mania
  - b. loneliness
  - c. dementia
  - d. depression
96. It should be expected that a certain percentage of volunteers will drop out shortly after any program starts.
- a. True
  - b. False
97. \_\_\_\_\_ is a key ingredient to program success.
- a. Consistence of commitment
  - b. Hard work
  - c. Dedication
  - d. Enthusiasm
98. A person who is responsible for making decisions regarding the personal welfare and well-being of another is called \_\_\_\_\_.
- a. a legal custodian
  - b. a primary caregiver
  - c. a guardian of the estate
  - d. a guardian of the person





### What Do You Know about Aging?

**Directions:** If you believe the statement is generally true, circle "True." If you believe the statement is generally false, circle "False."

99. Most older people can learn as well as younger adults.  
True  
False
100. Older people respond differently than younger people to many medications.  
True  
False
101. Old age changes people's personality.  
True  
False
102. Bladder control problems are inevitable in later life.  
True  
False
103. The average older person has lost the desire and capacity for sexual expression.  
True  
False
104. The later years are an emotionally healthy and satisfying time for many older people.  
True  
False
105. People tend to become more religious with age.  
True  
False
106. Older people generally are less fearful of death than are younger adults.  
True  
False
107. As people age, they tend to become fault-finding, demanding, complaining, and irritable.  
True  
False

**108.** Because of Social Security, Medicare, and other government programs, nearly all older people are financially secure.

True  
False

**109.** Most older people are lonely and isolated from their families.

True  
False

**110.** Therapy is effective for older people with emotional problems.

True  
False

**111.** It is normal for older people to become confused, forgetful, and depressed.

True  
False

**112.** Older workers have fewer accidents than younger workers.

True  
False

**113.** Even in healthy older adults, memory for recent events usually is poorer than remote memory.

True  
False



### **Nursing Home Chaplain Certification Exam**

Date exam was completed: \_\_\_\_\_

Print or type your name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

CFMI Member: Yes: \_\_\_\_\_ No: \_\_\_\_\_ Since: \_\_\_\_\_

Member's ID Card No: \_\_\_\_\_

Master Chaplain: \_\_\_\_\_ Senior Chaplain: \_\_\_\_\_ Registered: \_\_\_\_\_ Basic: \_\_\_\_\_

I hereby certify that I am the person who has taken this exam and am requesting my certification as a Nursing Home Chaplain.

Signature: \_\_\_\_\_

Send your completed final exam to the address below. Thank you!

Chaplain Fellowship Ministries  
4410 Box Canyon Drive  
Temple, Texas 76502-3263